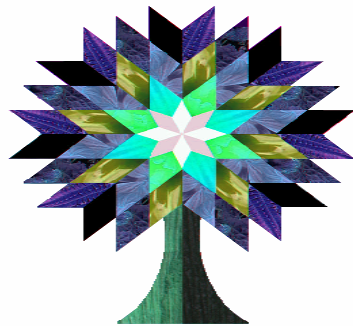


Resource Directory of Services for Older Adults and Adults with Disabilities in Chesterfield County



***Compiled by the
Chesterfield Council on Aging
2006 – 2007***

Resource Directory of Services for Older Adults and Disabled Adults in Chesterfield County

***Prepared and Published by:
Chesterfield Council on Aging***

Funded by:

***CJW Medical Center
Chippenham & Johnston-Willis***

INTRODUCTION

How do I find out about my social security benefits and what is the phone number? How can I find out what services are available for my parents? What resources are available for caregivers? The answers to these and many other questions about resources and services for older and disabled adults can be found in this directory.

The Resource Directory of Services for Older Adults and Adults with Disabilities, prepared by the Chesterfield Council on Aging, is intended for a wide audience, including older and disabled adults, their families, caregivers, health professionals, providers of social services and others who have a special interest in the field of aging. The directory contains the names, addresses, telephone numbers (toll-free, whenever possible) and websites of organizations that offer health information, legal aid, educational opportunities, social services, consumer advice, or other assistance.

We have included public and not-for-profit agencies, professional societies, private groups and voluntary programs. These organizations provide services to older and disabled adults and their families. We have tried to include as many groups as possible. **Please keep in mind that the Chesterfield Council on Aging does not recommend or endorse specific organizations.**

Following the introduction, local county agencies are listed and their services described. Other resources are arranged alphabetically by category in the table of contents.

Every effort has been made to include accurate information. Because this type of information is subject to change, we encourage you to update telephone numbers and addresses periodically.

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CHESTERFIELD COUNCIL ON AGING

Background

The Chesterfield County Board of Supervisors established a Long Term Care Coordinating Committee in 1983 in response to Senate Bill 219 passed by the Virginia General Assembly. The mission of the committee was to support the development of community-based resources and to avoid the inappropriate institutionalization of impaired elderly and disabled adults. In 1987, this committee was expanded to encompass the Long-Term Care Council. It has received both State and National recognition. In August 2004, the Council changed its name to Chesterfield Council on Aging.

THE MISSION STATEMENT

The Chesterfield Council on Aging seeks to enhance the quality of life for older adults and adults with disabilities through education, advocacy and community service.

**Chesterfield-Colonial Heights
Department of Social
Services**

P. O. Box 430
Chesterfield, VA 23832

Telephone: (804) 748-1100

- **ADULT PROTECTIVE SERVICES**

Protective services are provided to aged, blind and disabled adults who are unable to protect themselves from neglect, abuse and exploitation. Protective services may include individual and family counseling, referral for legal representation or health care and arranging guardianship or other living situations.

- **COMPANION SERVICES**

Services include personal and housekeeping tasks for individuals who are unable to perform such tasks. Eligibility based on income.

- **FOOD STAMPS**

Financial assistance is available to qualified individuals for the purchase of necessary food items.

- **FUEL ASSISTANCE**

Financial assistance is available to qualified individuals for the purchase of necessary fuel during peak periods.

- **INFORMATION AND REFERRAL SERVICES**

Provides assistance answering questions and locating appropriate resources to meet individual needs of the adult population, including emergency needs.

- **PLACEMENT SERVICES**

Helps in locating appropriate adult care residence, screening for placement in a Nursing Home or Personal Care, Adult Day Care, and Respite Care Services by way of the Medicaid Program.

- **TRANSPORTATION SERVICES**

With at least two weeks notice, transportation to medical appointments may be provided by the agency.

**Chesterfield
County Disability
Services Board**

P. O. Box 520
Chesterfield, VA 23832
(804) 748-1307
www.chesterfield.gov

The Chesterfield Disability Services Board (CDSB) is a partnership among volunteers working to educate the general public, businesses and local government agencies about the abilities and needs of people with physical and sensory disabilities, and to present recommendations to meet those needs. We also link people with physical and sensory disabilities to available resources and services. We consist of volunteer citizens

from the five county magisterial districts and at least 30 percent have a physical and/or sensory disability or have a family member who does.

The Extension Office offers an extensive list of publications as well as services that help improve the quality of life. Most information is free. Some workshops require a modest fee to attend.

Chesterfield Extension Services

6807 Mimms Loop
P. O. Box 146
Chesterfield, VA 23832
(804) 751-4401 phone
(804) 751-0515 fax
www.chesterfield.gov

- Financial management counseling and information
- Food safety, food preservation, and food buying information
- Nutrition counseling and information
- Home and yard pest, plant disease identification, and pesticide recommendation
- Recycling information
- Services/referrals for limited resources and bi-lingual populations
- 4-H youth development
- Volunteer opportunities

Chesterfield Health Department

P. O. Box 100
9501 Lucy Corr Circle
Chesterfield, VA 23832

Telephone: (804) 748-1691
www.chesterfield.gov

**MEDICAID NURSING HOME
PRE-SCREENING**

In cooperation with the Department of Social Services, people who are requesting nursing home placement and anticipate using Medicaid as a payment source are screened to determine the level of care needed. This screening is free of charge. Phone (804) 748-1975.

- **INFLUENZA AND PNEUMOCOCCAL IMMUNIZATION PROGRAM**

Annually, October through December, influenza (flu) and pneumococcal immunizations are available for senior citizens, aged 65 years and over, and to other individuals identified as being in a high-risk group. Pneumococcal immunizations are not indicated annually. These immunizations are offered at clinics located at the Health Department. Fees vary according to the cost of the vaccine. Phone (804) 748-1975

- **COMMUNICABLE DISEASE PROGRAM**

Provides identification and investigation of outbreaks, routine immunizations and immunizations required for travel. Phone (804) 748-1975

- **COMMUNITY HEALTH INFORMATION**

Provides information and services to promote health in the community.
Phone (804) 748-1743

- **ENVIRONMENTAL HEALTH**

Management of environmental complaints, well and septic system evaluations, public food establishment evaluations, consultation services and rabies control.
Phone (804) 748-1610

- **VITAL STATISTICS**

Issues death certificates. Phone (804) 748-1691

Chesterfield Mental Health Support Services

P. O. Box 92

6801 Lucy Corr Boulevard

Chesterfield, VA 23832

Telephone (804) 748-1227

Fax (804) 768-9283

TDD (804) 768-7200

Office hours: Monday thru Friday,
8:30 A.M.-5:00 P.M.

CRISIS PHONE # 748-6356

www.chesterfield.gov

SERVICES FOR OLDER ADULTS

- **Outpatient mental health counseling**
- **Psychiatric services**
- **Crisis intervention**
- **Healthy aging**
- **Workshops & classes**
- **Speakers Bureau**

Older Adult Programs

The Chesterfield Parks and Recreation Dept. offers a wide variety of leisure activities and programs throughout the county.

Activities include:

- Art classes
- Craft programs
- Dance classes and evening dances
- Fitness and exercise
- Walking club
- Day trips
- Sports
- Special interest programs
- Various card clubs
- Pot lucks
- Special theatrical productions

Chesterfield County Parks & Recreation Department

P. O. Box 40

6801 Mimms Loop

Chesterfield, VA 23832

(804)-748-1623

TDD (804) 748-1127

www.chesterfield.gov

Our Community Centers offer older adult programs five days a week.

Bensley Community Building

2900 Drewrys Bluff Road, Chester, VA

(804) 275-5321

Ettrick Community Building

20400 Laurel Road, Ettrick, VA

(804) 526-5596

Chesterfield County Public Library
P. O. Box 297
9501 Lori Road
Chesterfield, VA 23832
Information Hours Line: 804-751-4955
www.chesterfield.gov

The mission of the Chesterfield County Public Library is “to inspire, enlighten, entertain, and educate by bringing people and information services and resources together.” The Library provides programs and services to people of all ages and backgrounds.

Bon Air Library ----- 320-2461
9103 Rattlesnake Road, Richmond, VA 23235

Central Library----- 748-1774
9501 Lori Road, Chesterfield, VA 23832

Chester Library----- 706-1758
11800 Centre Street, Chester, VA 23831

Clover Hill Library ----- 739-7335
6701 Deer Run Drive, Midlothian, VA 23112

Enon Library----- 530-3403
1801 Enon Church Road, Chester, VA 23836

Ettrick-Matoaca Library ----- 526-8087
4501 River Road, Ettrick, VA 23803

LaPrade Library ----- 276-7755
9000 Hull Street, Richmond, VA 23236

Law Library----- 751-4986
9500 Courthouse Road, Chesterfield, VA 23832

Meadowdale Library ----- 743-4842
4301 Meadowdale Blvd., Richmond, VA 23234

Midlothian Library ----- 794-7907
521 Coalfield Road, Midlothian, VA 23113

Outreach Services ----- 748-1768
521 Coalfield Road, Midlothian, VA 23113

All Chesterfield County Libraries have resources for the disabled.

Call your library to get a listing of current programs and volunteer opportunities.

- **Homebound Library Service**

The Outreach Services department provides Homebound Library Service for individuals that cannot get to the Library. If you are a resident of Chesterfield County, and unable to visit the Library because you are confined at home, we will bring library service to you. Library materials available to homebound customers include books, videos, audiocassettes, CDs, and DVDs. Books will be delivered to your home free of charge. To receive Homebound Library Service, please call Outreach Services at 748-1768, or email us at booksathome@chesterfield.gov.

The Senior Advocate's Office was created to provide leadership and direction as Chesterfield County seeks to meet the needs of an increasingly older population. The Senior Advocate's Office offers information and referral, and promotes and coordinates services for:

**Senior Advocate
Chesterfield County**

7000 Lucy Corr Boulevard
P. O. Box 520
Chesterfield, VA 23832
Phone (804) 768-7878
Fax (804) 748-7915
petersond@chesterfield.gov

- Older adults who want to remain active and independent, and be vital contributors to their communities through volunteer and employment opportunities.
- Older adults who may need assistance to remain as independent as possible.
- Caregivers to older adults, including those who may themselves be older and need assistance.

Summary of Services:

- Information about and referrals to services and resources relating to issues of aging and caregiving.
 - Promotes and coordinates services and resources for older adults and their caregivers.
 - Advocates and serves as a spokesperson for older adults and their caregivers at the local, state and national level.
-

LUCY CORR VILLAGE

6800 Lucy Corr Blvd.
P. O. Drawer 170
Chesterfield, VA 23832

Telephone (804) 748-1511
Fax (804) 796-6285

www.lucycorrvillage.com

Lucy Corr Village

A non-profit continuum care community delivering long term care services in the Chesterfield County, Tri-city and Richmond metropolitan areas since 1970. Lucy Corr Village is located at the Chesterfield County Government Complex and is governed by the Chesterfield County Health Center Commission.

The following levels of care are offered: Health Care Center, Assisted Living Center, Adult Day Center and Rehabilitation Center.

Senior Connections, The Capital Area Agency on Aging

Main Office: 24 E. Cary Street
Richmond, VA 23219

Telephone (804) 343-3000

Toll Free 800 989-2286

Office hours: Monday-Friday 8:30 a.m. – 5:00 p.m.

www.seniorconnections.va.org

Senior Connections

Chesterfield Office

Lucy Corr Village
6800 Lucy Corr Boulevard
P. O. Box 170
Chesterfield, VA 23832
(804) 748-1133

Senior Connections, The Capital Area Agency on Aging, serves older adults with diverse needs and places special emphasis on those who may be isolated or economically at-risk. Senior Connections' goal is to serve as the primary community resource for seniors and caregivers seeking assistance with planning for and making decisions later in life.

Programs and services include:

- **Meal Programs:** Friendship Cafes provide socialization and a nutritionally balanced noon time meal. Home Delivered Meals provide one hot meal, up to five days per week, to low income, homebound elderly who are unable to prepare their own meals and have no one available to assist them.
- **Short Term Home Care:** Personal care service assists individuals with their desire to continue to live at home during an interim period as plans are made for more permanent long term care arrangements.

- **Care Coordination:** Assists seniors to locate, apply for, receive, and maintain needed community services. Services may be directly offered by Senior Connections or other human service agencies.
 - **Care Coordination:** Assists seniors to locate, apply for, receive, and maintain needed community services. Services may be directly offered by Senior Connections or other human service agencies.
 - **Senior Employment:** Offers two employment service programs for seniors interested in re-entering the workforce. The Senior Community Service Employment Program provides part-time employment opportunities in community service work to assist economically disadvantaged seniors age 55 and older. The Job File provides referrals for potential employment.
 - **Volunteer Money Management:** Volunteers provide budget set-up, checkbook balancing, and bill paying services for persons who remain in control of their finances, but need help keeping their finances in order.
 - **Long Term Care Ombudsman:** Ombudsman volunteers visit with seniors living in long-term care facilities to ensure their satisfaction with the services and care provided by the facility where they reside.
 - **Foster Grandparent Program:** Seniors, age 60 or older, who serve as mentors, tutors, and caregivers for children and youth with special needs. They work a minimum of 20 hours per week in designated volunteer agencies such as hospitals, schools, and juvenile centers.
 - **Volunteer Opportunities:** **The Volunteer Coordinator** The Volunteer Coordinator maintains an on-going system of volunteer opportunities available; the Retired Senior Volunteer Program (RSVP), Senior Medicare Patrol, and Money Management.
 - **Newsletter:** Mature Life, a quarterly newsletter, features news of interest to older adults such as professional advice, community activities, benefit updates, and health education.
-

SeniorNavigator

600 East Main Street
Suite 360,
Richmond , VA, 23219
Phone (804) 827-1280

www.SeniorNavigator.org

SeniorNavigator is a free, non-profit, public service that connects seniors and caregivers with local services available in the community. The website, www.seniornavigator.org, features over 19,000 programs and services that address health and aging issues, financial concerns, legal questions, caregiver support, housing and assisted living facilities, and more. Additional features of the site include “Ask An Expert” and a Community Calendar.

For those not having computer or Internet access, the Chesterfield County Library and all branch libraries offer free access and assistance with the website.

www.seniornavigator.org

ADULT DAY CARE CENTERS

These centers provide activities as well as nutritional programs to stimulate and maintain daily functioning. This allows families the freedom to work and/or provide respite for the caregiver. The centers are typically open Monday – Friday from 6 a.m. to 6 p.m.

A Grace Place Adult Care Center ----- 261-0205
8030 Staples Mill Road, Richmond, VA 23228
www.GracePlaceACC.org

Alternative Adult Care----- 427-6966
7193 Brooking Way, Mechanicsville, VA 23116

Circle Center Adult Day Services ----- 355-5717
3900 West Broad Street, Bldg. 20, Richmond, VA 23230
www.circlecenteradulday.org

Ginter Hall Assisted Living South ----- 794-7770
11300 Mall Court Drive, Richmond, VA 23235
www.ginterhall.com

Ginter Hall West Adult Day Care and Assisted Living West ----- 741-9494
12411 Gayton Road, Richmond, VA 23238

Hanover Adult Center, Inc ----- 746-0743
P. O. Box 824, 7231 Stonewall Parkway, Mechanicsville, VA 23111

Helping Hand Adult Health Care Center of Petersburg ----- 861-1353
130 McKeaver Street, Petersburg, VA 23803

Helping Hand Senior Services & Adult Care, Inc. ----- 329-7272
1 Brenton Street, Richmond, VA 23222

Lucy Corr Village Adult Day Care ----- 748-1511
P. O. Drawer 170, 6800 Lucy Corr Boulevard, Chesterfield, VA 23832
www.lucycorrvillage.com

Mary Carter Beacon House ----- 861-1890
142 East Wythe Street, Petersburg, VA 23804-0469

ADULT PROTECTIVE SERVICES/ELDER ABUSE

These programs offer information, referral, and follow up to families or individuals who have or are believed to have experienced abuse of some form. Abuse may be physical, mental, financial, or neglect. If in doubt as to whether it is abuse, call and discuss it with an agency representative.

Central Virginia Task Force on Older Battered Women ----- 828-1525

Chesterfield-Colonial Heights Department of Social Services ---- 748-1100
9501 Lucy Corr Circle, P. O. Box 430, Chesterfield, VA 23832

Crater District Area Agency on Aging ----- 732-7020
23 Seyler Drive, Petersburg, VA 23805
www.CDAAA.org

Office of the State Long Term Care Ombudsman ----- 565-1600
24 East Cary Street, Suite 100- Richmond, VA 23219 ----- 800-552-3402
www.vaaaa.org/longterm.html

Senior Connections, The Capital Area Agency on Aging ----- 343-3000
24 East Cary Street, Richmond, VA 23219 ----- 800-989-2286
www.seniorconnections-va.org

ADVOCACY RELATING TO OLDER OR DISABLED ADULTS

This is a program to help resolve concerns or complaints. Key area monitored include residents living in nursing homes, adult care, and assisted living facilities. Technical information and advocacy on aging issues is provided in specific areas.

AARP State Office ----- 886-542-8164
707 East Main Street, Suite 910, Richmond, VA 23219
www.aarp.org

Chesterfield County Senior Advocate----- 768-7878
P. O. Box 520. Chesterfield, VA 23832
petersond@chesterfield.gov

Crater District Area Agency on Aging----- 732-7020
23 Seyler Drive. Petersburg, VA 23805
www.CDAAA.org

Office of the State Long Term Care Ombudsman ----- 565-1600
24 East Cary Street, Suite 100. Richmond, VA 23219 ----- 800-552-3402
www.vaaaa.org/longterm.html

Senior Connections, The Capital Area Agency on Aging ----- 343-3000
24 East Cary Street, Richmond, VA 23219 ----- 800-989-2286
www.seniorconnections-va.org

Senior Medicare and Medicaid Patrol Project (Fraud) ----- 644-2804
Toll Free Number----- 800- 938-8885

Virginia Association of Area Agencies on Aging ----- 644-2804
24 East Cary Street, Suite 100, Richmond, VA 23219
www.vaaaa.org

Virginia Board for People with Disabilities-----786-0016
202 North 9th Street, 9th Floor, Richmond, VA 23219
www.vaboard.org

Virginia Department for the Aging----- 662-9333
1610 Forest Avenue, Suite 100, Richmond, VA 23229
www.VDA.VIRGINIA.gov

YWCA Women's Victim Advocacy Program -----643-0888
6th North 5th Street, Richmond, VA 23219

Victims of Rape or Domestic Violence
Chesterfield YWCA Hotline ----- 796-3066
www.ywcarichmond.org

ALZHEIMER'S DISEASE

These agencies provide a variety of services to meet the needs of those with Alzheimer's Disease/dementia and their caregivers.

Alzheimer's Association, Greater Richmond Chapter ----- 967-2580
4600 Cox Road, Suite 130, Glen Allen, VA 23060
Helpline ----- 967-2589
Toll Free ----- 800-272-3900
www.richmondalzheimers.org

Alzheimer's Association, Petersburg Branch ----- 518-1293
P. O. Box 1808, Petersburg, VA 23803

Alzheimer's Support Group Information (Meeting locations) --- 967-2580

The Assisted Living facilities that offer Alzheimer's Care in the Chesterfield area are:

Bon Secours Retirement Community ----- 748-7000
6701 Ironbridge Parkway, Chester, VA 23831

Brandermill Woods, The Chesterfield ----- 379-7100
2100 Brandermill Parkway, Midlothian, VA 23112
www.brandermillwoods.com

Dunlop House Assisted Living and Alzheimer's Care ----- 520-0050
235 Dunlop Farms Boulevard, Colonial Heights, VA 23834
www.dunlophouse.com

Morningside at Bellgrade ----- 379-2800
2800 Polo Parkway, Midlothian, VA 23113
www.morningsideassistedliving.com

Southerland Place ----- 897-8884
14016 Turnberry Lane, Midlothian, VA 23113
www.southerlandplace-va.com

The Nursing Home facilities that offer Alzheimer's Care in the Chesterfield area are:

Colonial Heights Health Care Center ----- 526-6851
831 Ellerslie Avenue, Colonial Heights, VA 23834

Hopewell Health Care Center ----- 458-6325
905 Cousins Avenue, Hopewell, VA 23860

John Randolph Nursing Home ----- 452-3600
P. O. Box 1626, 409 West Randolph Road, Hopewell, VA 23860
<http://johnrandolphmed.com>

Lucy Corr Village Health Care Center ----- 748-1511
P. O. Drawer 170, 6800 Lucy Corr Blvd., Chesterfield, VA 23832

AREA AGENCIES ON AGING

These agencies provide a variety of services to meet the needs of older adults.

Crater District Area Agency on Aging ----- 732-7020
23 Seyler Drive, Petersburg, VA 23805
www.CDAAA.org

Senior Connections, The Capital Area Agency on Aging
Chesterfield County Office----- 748-1133
6800 Lucy Corr Court, P. O. Box 170, Chesterfield, VA 23832
www.seniorconnections-va.org

Senior Connections, The Capital Area Agency on Aging ----- 343-3000
Toll Free Number ----- 800-989-2286
24 East Cary Street, Richmond, VA 23219
www.seniorconnections-va.org

ASSISTED LIVING

These residential communities provide 24-hour care and supervision. They vary from fully independent to nursing support. The level of care varies widely, as does the cost.

Beaufont Towers ----- 320-1412
7015 Carnation Street, Richmond, VA 23225
www.beaufonttowers.com

Bon Secours Retirement Community ----- 748-7000
6701 Ironbridge Parkway, Chester, VA 23831

Brandermill Woods, The Chesterfield ----- 379-7100
2100 Brandermill Parkway, Midlothian, VA 23112
www.brandermillwoods.com

Dunlop House Assisted Living----- 520-0050
235 Dunlop Farms Boulevard, Colonial Heights, VA 23834
www.dunlophouse.com

Ginter Hall South Assisted Living ----- 794-7770
11300 Mall Court Drive, Richmond, VA 23235
www.ginterhall.com

Hodges' Manor ----- 745-6074
410 Adkins Road, Richmond, VA 23236

Morningside at Bellgrade----- 379-2800
2800 Polo Parkway, Midlothian, VA 23113 ----- 888-406-1576
www.morningsideassistedliving.com

St. Francis Home
2511 Wise Street, Richmond, VA 23225-----237-5602
www.stfrancishome.com

Southerland Place ----- 897-8884
14016 Turnberry Lane, Midlothian, VA 23113
www.southerlandplace-va.com

The Courtyard at Lucy Corr Village-----748-1511
P. O. Drawer 170, 6800 Lucy Corr Boulevard, Chesterfield, VA 23832

Totty Metro----- 526-6921
3500 Totty Street, Ettrick, VA 23803

SEE YELLOW PAGES: RETIREMENT AND ASSISTED LIVING COMMUNITIES

BEREAVEMENT SUPPORT GROUPS/WIDOWED GROUPS

These agencies and support groups provide a variety of services and support for those who have lost a loved one. Please note all Hospice organizations have bereavement support services for their client's families.

Compassionate Friends ----- 254-0588

Depression Support Group - Tucker's Pavilion ----- 323-8695
7101 Jahnke Road, Richmond, VA 23225

Widowed Support Group, Woody Funeral Home-----288-3013
1771 Parham Road, Richmond, VA 23229
www.woodyfuneralhome.com

CARE MANAGEMENT SERVICES

These are private companies and non-profit organizations that offer a wide variety of coordination and referral services to families coping with the care of a relative or disabled adult.

Eldercare Locator----- 800-677-1116

Life Solutions----- 794-9599

1233 Mall Drive, Richmond, VA 23235

Mature Options ----- 282-0753

10124 West Broad Street, Suite F, Glen Allen, VA 23060

Senior Advocacy Management ----- 355-0966

Senior Connections, The Capital Area Agency on Aging ----- 343-3000

Toll Free Number ----- 800-989-2286

24 East Cary Street, Richmond, VA 23219

www.seniorconnections-va.org

CLOTHING AND THRIFT STORES

Clothing and general household goods are offered at reduced prices. Some agencies require a screening process to determine need. Some clothing is preowned.

Adaptive Equipment-----521-4916

Chesterfield-Colonial Heights Alliance for Social Ministry (CCHASM)

P. O. Box 1741 - Chesterfield, VA 23832-----796-2749

Goodwill Industries, Inc.----- 745-6300

6301 Midlothian Turnpike, Richmond, VA 23225

12220 Ironbridge Rd., Chester, VA 23831----- 768-1215

11749 Hull Street Road, Midlothian, VA ----- 744-6375

www.goodwillrichmond.org

Goodwill Pickwick Plaza----- 520-7122
24 Pickwick, Colonial Heights, VA 23834

Goodwill Southside Plaza -----230-4935
4646 Southside Plaza, Richmond, VA 23234

New Life Thrift Store-----276-9364
2501 Turner Road, Richmond, VA 23224

Salvage Grocery -----231-1187
5240 Hull Street Road, Richmond, VA 23224

Salvation Army
3229 South Crater Road, Petersburg, VA 23805 ----- 526-8558
10364 Midlothian Turnpike, Richmond, VA 23235----- 330-9076

COUNSELING SERVICES

These agencies are focused on offering services surrounding mental health issues. They are available to individuals or their caregivers. Insurance, Medicare and Medicaid may be accepted. The services vary from immediate protection to referral to long-term care agencies.

Adult Protective Services, Chesterfield Dept. of Social Services - 748-1100
P. O. Box 430, 9501 Lucy Corr Circle, Chesterfield, VA 23832
www.chesterfield.gov/humanservices/socialservices/default.asp

Alcoholics Anonymous, Richmond Intergroup, Inc.----- 355-1212
Alcoholics Anonymous, AlAnon/AlAteen ----- 353-4885
3600 West Broad Street, Suite 684, Richmond, VA 23230-4916
www.aa.org

Chapman Senior Care----- 741-7500
1403 Pemberton Road, Suite 306, Richmond, VA 23233

Chesterfield Mental Health Support Services----- 748-1227
6801 Lucy Corr Blvd., Chesterfield, VA 23832 ----- TDD 768-7200
Crisis Intervention ----- 748-6356

www.chesterfield.gov

Life Solutions----- 794-9599
1233 Mall Drive, Richmond, VA 23235

Resources for Independent Living ----- 353-6503
4009 Fitzhugh Avenue, Suite 100, Richmond, VA 23230

- **Chesterfield Office**----- 743-3798
7333 White Pine Road, Richmond, VA 23237
- **Petersburg Office** ----- 862-9338
1845-A Fort Mahone Street - Petersburg, VA 23805

Women's Victim Advocacy Program (YWCA) ----- 796-3066
P. O. Box 1028, Chester, VA 23832
www.ywcarichmond.org

See Counselors in Yellow Pages for Other Listings

CRIME PREVENTION/CONSUMER PROTECTION

These agencies offer help in crime prevention. They also will provide information regarding businesses one may consider using and help with settlement if a company does not honor its agreement.

Agriculture and Consumer Services ----- 786-2042
P. O. Box 163, Richmond, VA 23218
www.dacs.state.va.us

Better Business Bureau ----- 648-0016
701 East Franklin Street, Richmond, VA 23219
www.richmond.bbb.org

Better Business Bureau Eldercare Fraud ----- 780-2222
701 East Franklin Street, Richmond, VA 23219

Chesterfield Extension Service Consumer Credit Counseling ---- 751-4401
6807 Mimms Loop, Chesterfield, VA 23832
www.co.chesterfield.gov/extension

Chesterfield Police Department Non-Emergency-----748-1251
P. O. Box 140, Chesterfield, VA 23832
www.chesterfield.gov

Chesterfield Police Department ----- 748-1266
Crime Prevention ----- 674-7006 ext 112
2730 Hicks Road, Richmond, VA 23235
Community Support offers classes in home safety, self-defense, and prevention of vandalism.
www.chesterfield.gov

Chesterfield TRIAD ----- 717-6266
P. O. Box 7, Chesterfield, VA 23832
www.vaag.com/protecting/TRIAD

Consumer Affairs/Citizens Assistance ----- 786-2042
P. O. Box 163, Richmond, VA 23218

Consumer Complaints on Public Entities ----- 800-552-7945
Bureau of Insurance
P.O. 1157, Richmond, VA 23218
www.state.va.us/scc

CRISIS INTERVENTION

These agencies are focused on emergency interventions and offer services surrounding mental health issues. They are available to individuals or their caregivers. Insurance, Medicare and Medicaid may be accepted. The services vary from immediate protection to referral to long-term care agencies.

Adult Protective Services Chesterfield Dept. of Social Services-- 748-1100
P. O. Box 430, 9501 Lucy Corr Circle, Chesterfield, VA 23832
www.chesterfield.gov/humanservices/socialservices/default.asp

Alcoholics Anonymous, Richmond Intergroup, Inc.----- 355-1212
Alcoholics Anonymous, AlAnon/AlAteen ----- 353-4885
3600 West Broad Street, Suite 684, Richmond, VA 23230-4916
www.aa.org

Chesterfield Mental Health Support Services----- 748-1227
6801 Lucy Corr Boulevard, Chesterfield, VA 23832 ----- TDD 768-7200
Crisis Intervention ----- 748-6356
www.co.chesterfield.va.us.gov

Women's Victim Advocacy Program (YWCA) ----- 796-3066
P. O. Box 1028, Chester, VA 23831
www.ywcarichmond.org

DENTAL SERVICES

These programs offer information and services to meet dental needs. Some clinics offer services at a reduced rate and may require a screening to qualify.

Commonwealth Clinic
10930 Hull Street Rd., Midlothian, VA 23112-----674-7499

CrossOver Clinic ----- 233-5016
108 Cowardin Avenue, Richmond, VA 23224

Donated Dental Services ----- 264-9010

Lucy Corr Dental Clinic ----- 748-1511
6800 Lucy Corr Boulevard, Chesterfield, VA 23832

MCV Dental Clinic----- 828-9190
520 North 12th Street, Richmond, VA 23298

Virginia Dental Association - Denture Help Program ----- 261-1610
7525 Staples Mill Road, Richmond, VA 23228 (*special criteria to qualify*)
www.vadental.org

DISABILITY SERVICES

These programs offer services varying from adaptive devices, hearing aides, meal deliveries and other services available to disabled adults.

Alternate Solutions LLC, dba Home Helpers-----748-9384
12750 Jefferson Davis Highway, PMB 223, Chester, VA 23831
www.alternatesolutionsva.com

Chesterfield County Disability Services Board-----748-1307
P. O. Box 520, Chesterfield, VA 23832
www.chesterfield.gov

Chesterfield County Health Department -----748-1975
P. O. Box 100, 9501 Lucy Corr Circle, Chesterfield, VA 23832
www.co.chesterfield.va.us.gov

Chippenham Medical Center -----323-8468
7101 Jahnke Road, Richmond, VA 23225

Department of Rehabilitative Services Chesterfield Office -----674-2369
Rockwood Office Park, Suite A, 9503 Hull Street Road
Richmond, VA 23236-1420
www.vadrs.org

Greater Richmond Chapter of the American Red Cross -----780-2250
P. O. Box 655, Richmond, VA 23205
www.redcross.org/va/Richmond or www.greaterrichmond.redcross.org

Meals on Wheels of Greater Richmond-----673-5035
1600 Willow Lawn Drive, Richmond, VA 23230
www.mowdelivers.com

Resources for Independent Living -----353-6503
4009 Fitzhugh Avenue, Suite 100, Richmond, VA 23230

Chesterfield Office-----743-3798
7333 Whitepine Road, Richmond, VA 23237

Petersburg Office -----862-9338
1845-A Fort Mahone Road, Petersburg, VA 23805

United Way of Greater Richmond and Petersburg ----- 771-5820

2201 Maywill Street, P. O. Box 11807, Richmond, VA 23230

Information & Referrals ----- 275-2000

Petersburg Office ----- 861-9330

www.yourunitedway.org

Virginia Department for the Deaf and Hard of Hearing-----662-9502

1602 Rolling Hills Drive, Suite 203

Richmond, VA 23229-----800-552-7917

www.vddhh.org

Virginia Voice-----266-2477

All Chesterfield County Libraries have resources for the disabled.

EDUCATION

These programs are designed to expand one's knowledge and help develop new skills.

AARP 55 Alive Driving Improvement ----- 346-4125

Chesterfield County School Board – Adult Education - 768-6140, ext 1914

Elderhostel ----- 828-1525

Hosted by The Virginia Center on Aging, Virginia Commonwealth University

1200 East Broad Street, P. O. Box 980229, Richmond, VA 23298-0229

<http://www.elderhostel.org/about/default.asp>

GrandDriver ----- 800-552-3402

1610 Forest Avenue, Suite 100, Richmond, VA 23229

www.GrandDriver.net

J. Sargeant Reynolds Community College----- 371-3000

1651 East Parham Road, Richmond, VA 23228----- 523-5368

700 East Jackson Street, Richmond, VA 23219 ----- 523-5455

1851 Dickinson Road, Goochland VA 23063 ----- 662-6400

www.reynolds.edu

John Tyler Community College (Chester Campus)----- 796-4000
13101 Jefferson Davis Highway, Chester, VA 23831
www.jtcc.edu

John Tyler Community College (Midlothian Campus) ----- 594-4000
740 Gardiner Court, Midlothian, VA 23113

Lifelong Learning Institute of Chesterfield----- 378-2527
13801 Westfield Drive, P.O. Box 1090, Midlothian, VA 23113
info@llichesterfield.org

The Shepherd's Center of Chesterfield----- 706-6689
Chester Presbyterian Church, 3424 West Hundred Road
Chester, VA 23831
www.shepctrchesterfield.org

University of Richmond----- 289-8000
Department of Continuing Education----- 289-8133
28 West Hampton Way, Richmond, VA 23173

Virginia Center on Aging, Virginia Commonwealth University - 828-1525
P. O. Box 980229, Richmond, VA 23298-0229
www.vcu.edu/vcoa/

Virginia State University ----- 524-5000
Department of Continuing Education ----- 524-5377
One Hayden Drive, Petersburg, VA 23806

EMPLOYMENT

These agencies offer information on possible job/volunteer opportunities for older adults.

Capital Area Training Consortium----- 271-8510
7333 Whitepine Road, Richmond, VA 23237
www.co.henrico.va.us.org

Equal Employment Opportunity Commission ----- 771-2200

830 East Main Street, Suite 600, Richmond, VA 23219

www.eeoc.gov

Senior Community Service-AARP Employment Program ----- 355-3600

1806 Chantilly Street, Suite 100, Richmond, VA 23230

www.aarp.org/scsep

Senior Connections, The Capital Area Agency On Aging ----- 343-3000

24 East Cary Street, Richmond, VA 23219 ----- 800-989-2286

www.seniorconnections-va.org

Urban League of Greater Richmond ----- 649-8407

511 West Grace Street, Richmond, VA 23220

www.ulgr.org

Virginia Employment Commission ----- 236-3500

3751 Nine Mile Road, Suite A, Richmond, VA 23223

www.vec.state.va.us.gov

FINANCIAL ASSISTANCE AND PLANNING

These agencies offer counsel and advice as well as opportunities to purchase services. The service can range from purchasing insurance policies to having funds managed. Some programs require a screening process to determine need. Some offer assistance with managing personal finances and paying bills.

ATLFA (Assistive Technology Loan Fund Authority) ----- 662-9000

1602 Rolling Hills Drive, Richmond, VA 23229

www.atlfa.org

Chesterfield-Colonial Heights Dept. of Social Services ----- 748-1100

9501 Lucy Corr Circle, P. O. Box 430, Chesterfield, VA 23832

www.chesterfield.gov

Clearpoint Financial Solutions, Inc. ----- 379-4505

8000 Franklin Farms Drive, Richmond, VA 23229

www.repaydebt.org or www.clearpointsolutions.org

Comprehensive Financial Investment Advisors ----- 285-7010
6243 River Road, Suite 7, Richmond, VA 23229

Senior Connections, The Capital Area Agency on Aging ----- 343-3000
Toll Free Number ----- 800-989-2286
24 East Cary Street, Richmond, VA 23219
www.seniorconnections-va.org

Social Security Offices----- 800-772-1213
13551 Waterford Place, Midlothian, VA 23112----- 744-0227
100 Poplar Drive, Petersburg, VA 23805 ----- 862-6080
www.ssa.gov

Virginia Department of Veterans Affairs ----- 786-2261
900 East Main Street, Richmond, VA 23219

FITNESS/EXERCISE/RECREATION

These are facilities and or groups that provide opportunities for fitness activity, exercise, or recreation.

Chesterfield County Parks & Recreation Department----- 748-1623
6801 Mimms Loop, P. O. Box 40, Chesterfield, VA 23832---- TDD 748-1127

The Shepherd's Center of Chesterfield-----706-6689
Chester Presbyterian Church, 3424 West Hundred Road
Chester, VA 23831-----706-9198
www.shepctrchesterfield.org

YMCA
Chester ----- 748-9622
Manchester ----- 276-9622
Midlothian ----- 379-5668

FOOD AND NUTRITION SERVICES

Home delivered meal programs can meet a variety of dietary and nutritional needs for the homebound elderly who are unable to prepare their own meals and have no one available to assist them. Some agencies provide food assistance to needy individuals or families and a screening criteria must be met to be eligible. Other programs offer meals (mainly lunch) at designated locations in the community. The goal of these programs is to provide a nutritious meal, as well as opportunities for socialization.

Chesterfield-Colonial Heights Dept. of Social Services----- 748-1100
9501 Lucy Corr Circle, P. O. Box 430, Chesterfield, VA 23832
www.chesterfield.gov/humanservices/socialservices/default.asp

Chesterfield Colonial Heights Alliance for Social Ministry (CCHASM) ----- 796-2749
P. O. Box 1741, Chesterfield, VA 23832

Crater District Area Agency on Aging----- 732-7020
23 Seyler Drive, Petersburg, VA 23805
www.CDAAA.org

Meals on Wheels of Greater Richmond-----673-5035
1600 Willow Lawn Drive, Richmond, VA 23230
www.mowdelivers.com

Salvation Army ----- 225-7470
2 West Grace Street, Richmond, VA 23220
www.salvationarmy.org

Senior Connections, The Capital Area Agency on Aging ----- 343-3000
24 East Cary Street, Richmond, VA 23219 ----- 800-989-2286
www.seniorconnections-va.org

United Way M.A.R.C.H----- 275-2000
Metropolitan Area Resource Clearing House – an emergency food pantry organized through area churches.
224 East Broad Street, Richmond, VA 23241
www.yourunitedway.org

Virginia Tech Extension Service - Chesterfield----- 751-4401
P. O. Box 146, Route 10 and Wagner Way, Chesterfield, VA 23832

FRIENDLY VISITING

Volunteers visit older adults to provide friendship and help reduce the risk of isolation. The effects of the volunteer can contribute to maintaining and enhancing the physical and emotional health of the older adult.

Friendly Visitor Program----- 796-3715

Chesterfield-Colonial Heights Alliance for Social Ministry
P. O. Box 1741, Chesterfield, VA 23832

FUEL ASSISTANCE

These programs provide financial assistance to qualified recipients. Funds are limited and are only available to pay for fuel expenses

Chesterfield/Colonial Heights Dept. of Social Services----- 748-1100

P. O. Box 430, 9501 Lucy Corr Circle, Chesterfield, VA 23832
www.chesterfield.gov/humanservices/socialservices/default.asp

Salvation Army ----- 225-7470

2 West Grace Street, Richmond, VA 23220
www.salvationarmy.org

GERIATRICIANS

These doctors are physicians who specialize in providing medical advice and treatment of older adults. They have received more advanced training in the treatment and diagnosis of diseases relating to aging adults.

George R. Brengel, MD ----- 560-8838

9220 Forest Hill Avenue, Suite 1-A, Richmond, VA 23235

Stanley R. Furman, MD ----- 237-1665

5855 Bremo Road, Suite 207, Richmond, VA 23226

Kishor Dabhi, MD ----- 526-5850
3628 Boulevard, Colonial Heights, VA 23834

Angela Gentili, MD ----- 675-5553
1201 Broad Rock Boulevard, Richmond, VA 23249 (McGuire VA Medical Center)

Michael Godschalk, MD ----- 675-5076
1201 Broad Rock Boulevard, Richmond, VA 23249 (McGuire VA Medical Center)

Joseph James, MD----- 320-1333
1441 Johnston Willis Drive, Richmond, VA 23235

Karol Mansilla, MD ----- 320-0800
235 Wadsworth Drive, Richmond, VA 23236

Cynthia McMurtry, MD -----675-5000 ext 4739
1201 Broad Rock Boulevard, Richmond, VA 23249 (McGuire VA Medical Center)

GRANDPARENTS

Senior Connections offers three different opportunities for grandparents or seniors to volunteer their services:

- *Protect and Respect – School Mentoring Program*
- *Foster Grandparents*
- *Kinship Coalition – Grandparents Support Group*

Senior Connections, The Capital Area Agency on Aging ----- 343-3000
24 East Cary Street, Richmond, VA 23219 ----- 800-989-2286
www.seniorconnections-va.org

HEALTH ORGANIZATIONS

Each organization offers educational information, support groups and guidance pertaining to their specific disease. Many health organizations offer speakers for interested groups or clubs.

Alzheimer's Association Greater Richmond Chapter ----- 967-2580
4600 Cox Road, Suite 130, Glen Allen, VA 23060
www.richmondalzheimers.org

American Cancer Society----- 800-227-2345
4240 Park Place Court, Glen Allen, VA 23060 ----- 527-3710
www.cancer.org

American Heart Association ----- 747-8334
4217 Park Place Court, Glen Allen, VA 23060----- 800-242-8721
www.americanheart.org

American Lung Association of Virginia ----- 267-1900
9221 Forest Hill Avenue, Richmond, VA 23235
www.lungusa.org/virginia

Arthritis Foundation-VA Chapter----- 800-456-4687
3805 Cutshaw Avenue, Suite 200, Richmond, VA 23230
www.arthritis.org

Cancer Hotline----- 800-422-6237

Multiple Sclerosis Society----- 353-5008
2112 West Laburnum Avenue, Suite 204
Richmond, VA 23227 -----800-FIGHT-MS
www.nmss.org

Parkinson's Disease Support Group ----- 355-5717
Circle Center Adult Day Services
3900 West Broad Street, Building 20, Richmond, VA 23230
www.circlecenteradultday.org

HEARING SERVICES

These programs offer information and resources to help deal effectively with hearing issues. In some cases assistive devices may be provided.

Catholic Charities ----- 285-5900
1512 Willow Lawn Drive, P. O. Box 6565, Richmond, VA 23230

Deaf and Hard of Hearing Community Counseling Service
8917 Fargo, Richmond, VA 23229 ----- TDD 346-3043

Deaf Voice Dept. for Deaf and Hard of Hearing----- TDD 800-552-7917
www.vddhh.org

Disability Rights Voice ----- 800-552-3962

Johnston-Willis Hospital Occupational Therapy ----- 330-2147
www.johnstonwillismed.com

Virginia Department for the Deaf and Hard of Hearing----- 662-9502
1602 Rolling Hills Drive, Suite 203, Richmond, VA 23229 ---- 800-552-7917
www.vddhh.org

Virginia Dept. of Rights for Virginians with Disabilities ---- 800-552-3962
1910 Byrd Avenue, Suite 5, Richmond, VA 23230 ----- TTY 225-2042
www.vopa.state.va.us

HOME HEALTH CARE

These agencies provide a range of home based care services from companion care to skilled nursing care. Many of these services support one's ability to remain in one's home by performing household chores and assisting with the activities of daily living (ADLs). Fees are typically charged, however some may accept Medicare or Medicaid. Asking for references is suggested.

Alternate Solutions LLC, dba Home Helpers-----748-9384
12750 Jefferson Davis Hwy., PMB 223, Chester, VA 23831
www.alternatesolutionsva.com

American Home Care-----377-1188

5012 Monument Ave. Suite 300, Richmond, VA 23230

Care Advantage Tri Cities ----- 520-5454

798 Southpark Boulevard, Park South #14, Colonial Heights, VA 23834

- Charlottesville-----888-422-7314
- Corporate-----323-9464
- Colonial Heights -----520-5454
- Peninsula-----877-399-6529
- Richmond/Downtown-----788-0805
- Richmond/West End-----285-1212
- Southside-----323-9667

CareMed Chesterfield----- 674-1193

CareMed Richmond ----- 282-3791

9840 Midlothian Turnpike, Richmond, VA 23225----- 327-9712

Caring Companions/Alliance for Seniors, Inc.-----323-6900

6966 Forest Hill Avenue, Suite B, Richmond, VA 23225

www.caring-companions.net

Chesterfield-Colonial Heights Department of Social Services ----748-1100

P. O. Box 430, 9501 Lucy Corr Circle, Chesterfield, VA 23832

Comfort Keepers-----**282-1085**

5001W. Broad St, Suite 214, Richmond, VA 23230

www.comfortkeepers.com

Family Lifeline-----282-4255

1518 Willow Lawn Drive, Richmond, VA 23220

www.family-lifeline.org

Freedom Home Health ----- 800-313-4353

Chesterfield/Tri Cities ----- 674-4181

Mechanicsville ----- 569-7002

Amelia, Powhatan, Nottoway, Lunenburg, Prince Edward----- 561-1950

Goochland-----556-7172

Home Care Connection ----- 888-540-7306

Dinwiddie Location ----- 863-2442

Mechanicsville Location-----730-4223
Midlothian Location-----379-9314
www.homecareconnection.com

Instructive Visiting Nurse Association (IVNA) -----355-7100
5008 Monument Avenue, Richmond, VA 23230
www.ivna.org

Jewish Family Services-----282-5644
6718 Patterson Avenue, Richmond, VA 23226
www.jfsrichmond.org

Medicaid Personal Care Agencies These agencies utilize Medicaid funding to provide services in your home. Typically the services are related to health needs.
Call Health Department for Current Listing ----- **748-1975**

Options for Senior America-----**673-6730**
8100 Three Chopt Road, Suite 233, Richmond, VA 23229
richmond@optionscorp.com

Senior Connections, The Capital Area Agency on Aging ----- 343-3000
24 East Cary Street, Richmond, VA 23219 ----- 800-989-2286
www.seniorconnections-va.org

HOSPICE CARE

These programs focus on support to the entire family system. This includes personalized care for the loved one. This care ranges from counseling to nursing services. For the family they provide services that range from grief counseling to management of day-to-day activities. These services can be provided in the home or in a nursing or convalescent center. Funding is typically covered by insurance and/or Medicare or Medicaid.

Crater Community Hospice-----526-4300
840 West Roslyn Road, Suite E, Colonial Heights, VA 23834
www.cratercommunityhospice.org

Hawthorne – The Cancer Resource Center----- 330-2136
1459 Johnston-Willis Drive, Richmond, VA 23235
www.TheHawthorne.org

Heartland Hospice ----- 273-6060
1504 Santa Rosa Road, Suite 114, Richmond, VA 23229

Hospice Community Care ----- 814-7977
10128 West Broad Street, Suite J, Glen Allen, VA 23060

Hospice of Virginia ----- 281-0451
7231 Forest Avenue, Suite 100, Richmond, VA 23226
www.hospiceva.com

Hunter Holmes McGuire VA Medical Center Hospice ----- 675-5385
1201 Broad Rock Road, Richmond, VA 23249

Thomas Hospice - Massey Cancer Center at MCV ----- 628-1295

HOSPITALS

These hospitals offer a wide variety of inpatient and outpatient services. Some may have branch offices providing services such as dialysis, emergency care and specialty service. Some hospitals may have their own skilled care units.

Bon Secours Hospitals Richmond Community Hospital----- 225-1700
1500 North 28th Street, Richmond, VA 23223
www.bonsecours.com

Bon Secours Memorial Regional Medical Center ----- 764-6000
8260 Atlee Road, Richmond, VA 23116
www.bonsecours.com

CJW Medical Center ----- 800-468-6620

- Chippenham Campus: 7101 Jahnke Road
Richmond, VA 23225----- 320-3911
- Johnston -Willis Campus: 1401 Johnston Willis Drive

Richmond, VA 23235-----330-2000
www.cjwmedical.com

Henrico Doctor's Hospital-----289-4500
1602 Skipwith Road, Richmond, VA 23229
www.henricodoctors.com

Henrico Doctor's Hospital - Parham Campus -----747-5600
7700 East Parham Road, Richmond, VA 23294

John Randolph Medical Center-----541-1600
411 West Randolph Road, Hopewell, VA 23860
www.johnrandolphmedicalcenter.com

Medical College of Virginia (MCV) -----828-9000
1250 East Marshall, Richmond, VA 23219
www.vcu.edu

Retreat Hospital -----254-5100
2621 Grove Avenue, Richmond, VA 23220
www.retreathospital.com

Richmond Eye and Ear Hospital-----775-4500
8700 Stony Point Parkway, Richmond, VA 23235
www.richmondeyeandear.com

St. Francis Medical Center --- -----594-7300
13710 St. Francis Boulevard, Midlothian, VA 23114

St. Mary's Hospital-----285-2011
5801 Bremo Road, Richmond, VA 23226

Sheltering Arms Hospital-----545-3278
8254 Atlee Road, Mechanicsville, VA 23116
www.shelteringarms.com

Southside Regional Medical Center ----- (Chester) 748-0074
801 South Adams Street, Petersburg, VA 23803----- (Petersburg) 862-5000
www.srmconline.com

Veterans Administration McGuire Hospital ----- 675-5000
1201 Broadrock Boulevard, Richmond, VA 23249
www.opm.gov

HOUSE CLEANING SERVICES

Renaissance Kleaning Concepts-----276-5876
P. O. Box 2525, 16211 Exter Mill Road, Chesterfield, VA 23832
Special rates for seniors and adults with disabilities

HOUSING ASSISTANCE

These programs offer a variety of housing options with some providing short-term emergency housing. Some can provide information regarding long term housing options.

American Red Cross (Disaster Victims) ----- 780-2250
420 East Cary Street, Richmond, VA 23219
www.redcross.org-va-richmond

Community Development Block Grant Office ----- 768-8707
10100 Iron Bridge Road, Suite 110, P. O. Box 40
Chesterfield, VA 23832

ElderHomes ----- 233-2827
88 Carnation Street, Richmond, VA 23225 ----- 800-989-6686
www.elderhomes.org

HOME (Housing Opportunities Made Equal) ----- 354-0641
700 East Franklin Street, #3A, Richmond, VA 23219
www.phonehome.org

Urban League of Greater Richmond----- 649-8407
511 West Grace Street, Richmond, VA 23220
www.urbanleaguerichmond.org

United Way (shelter referrals)----- 771-5820
224 East Broad Street, Richmond, VA 23219-----800-230-6977
www.yourunitedway.org

Virginia Adult Home Association----- 355-2684
1004 North Thompson Street, Suite 305
Richmond, VA 23230----- 757-538-9601
www.vaha.org

Women's Victim Advocacy Program (YWCA) ----- 796-3066
P. O. Box 1028, Chesterfield, VA 23832
www.ywcarichmond.org

INDEPENDENT LIVING/HOUSING

This type of housing for senior adults typically provides maintenance free apartments, however; they do not provide nursing care services.

Braxton----- 275-2689
5700 A Hopkins Road, Richmond, VA 23234
www.wscarnesinc.com

Brandermill Woods Retirement Community----- 744-1173
14311 Brandermill Woods Trail, Midlothian, VA 23112
www.brandermillwoods.com

Chester Village Apartments -----425-1200
11701 Chester Village Drive, Chester, VA 23831

Courthouse Senior Apartments-----796-9191
6500 Fore Circle, Chesterfield, VA 23832

Heritage Oaks----- 323-3800
1100 German School Road, Richmond, VA 23225

Market Square-----279-0133
7300 Taw Street, Richmond, VA 23237

Monarch Woods-----320-4301
6501 Jahnke Road, Richmond, VA 23225

Summerhill at Stony Point ----- 320-8312
9250 Forest Hill Avenue, Richmond, VA 23235
www.bonsecour.com/maps/summerhill.htm

The Atlantic at Charter Colony-----378-9919
550 Coalfield Road, Midlothian, VA 23113

The Park at Ridgedale-----271-4166
5001 Ridgedale Parkway, Suite 107, Richmond, VA 23234

Rockwood Village (Section 8 Housing)-----745-0911
3901 Price Club Blvd., Midlothian, VA 23112

The Virginian ----- 330-4252
300 Twinridge Lane, Richmond, VA 23235
www.thevirginian.org

INFORMATION AND REFERRAL SERVICES

These programs are available to provide information and referrals to services and resources. Some of the agencies provide direct services.

Cancer Hotline----- 800-422-6237

Chesterfield-Colonial Heights Dept. of Social Services----- 748-1100
9501 Lucy Corr Circle, P. O. Box 430, Chesterfield, VA 23832
www.chesterfield.gov

Chesterfield County Senior Advocate----- 768-7878
P. O. Box 520, Chesterfield, VA 23832
petersond@chesterfield.gov

Citizen Answer Line ----- 751-INFO (4636)

Citizens Assistance Office ----- 646-7000
900 East Broad Street, Room 109, Richmond, VA 23219
www.richmondgov.com

Eldercare Locator-----800-677-1116

Physician Referral - Bon Secours Saint Mary's Hospital----- 270-3737
5801 Bremo Road, Richmond, VA 23226

Physician Referral - Henrico Doctors Hospital ----- 800-888-3627
1602 Skipwith Road, Richmond, VA 23229

Physician Referral - Virginia Dept. of Rehabilitative Services --- 662-7000
8004 Franklin Farms Drive, Richmond, VA 23288

Senior Connections, The Capital Area Agency On Aging ----- 343-3000
24 East Cary Street, Richmond, VA 23219----- 800-989-2286
www.seniorconnections.va.org

United Way Information and Referral Center -----771-5820
www.yourunitedway.org

Virginia Department for the Aging----- 662-9333
1610 Forest Avenue, Richmond, VA 23229----- 800-552-3402
www.vda.virginia.gov

LEGAL SERVICES

These programs provide a wide variety of legal services. Some provide legal services; some provide general information regarding your legal rights. None of these should be considered as a substitute for personal legal counsel.

AARP ----- 888-687-2277
www.aarp.com

American Civil Liberties Union of Virginia ----- 644-8022
6 North Sixth Street, Suite 400, Richmond, VA 23219
<http://members.aol.com/acluva>

Central Virginia Legal Aid Society----- 648-1012
101 West Broad Street, Suite 101, Richmond, VA 23241
www.culas.org

Equal Employment Opportunity Commission----- 771-2200
830 East Main Street, Richmond, VA 23219
<http://www.eeoc.gov>

**National Association for the Advancement of
Colored People (NAACP)**----- 321-5678
P. O. Box 27212, Richmond, VA 23261
<http://www.statenaacp@aol.com> or www.virginiaconference.org

Virginia Lawyer Referral Service ----- 775-0808
707 East Main Street, Suite 1500, Richmond VA 23219 ----- 800-552-7977
www.vsb.org

Virginia Poverty Law Center----- 782-9430
700 East Franklin Street, Suite 14T1, Richmond, VA 23219
<http://www.vplc.org>

MEDICAL CARE

Medical clinics that provide medical and dental services for low-income individuals who do not have health insurance. Each clinic has qualifying criteria.

Commonwealth Clinic -----674-7499
10930 Hull Street Road, Midlothian, VA 23112

Crossover Clinic-----233-5016
108 Cowardin Avenue, Richmond, VA 23224
Chesterfield Location -----233-5016

MEDICAL SUPPLIES AND EQUIPMENT

These organizations specialize in providing equipment to help one function as independently as possible. The equipment varies from hospital style to assistive items for simple tasks. Some agencies have medical equipment that they will loan to qualified persons. Donations of good quality, used equipment are always welcomed. These companies may accept insurance, Medicare, Medicaid and cash. What is paid for by insurance, Medicare, and/or Medicaid may affect the portion you pay.

American Cancer Society ----- 800-227-2345
4240 Park Place Court, Glen Allen, VA 23060 ----- -527-3710
www.cancer.org

American Lung Association of Virginia ----- 267-1900
9221 Forest Hill Avenue, Richmond, VA 23235

Apria Healthcare ----- 553-4964
2808 East Parham Road, Richmond, VA 23228

Buford Road Pharmacy, Inc ----- 272-1423
Cardinal Drug Center, 2608 Buford Road, Richmond, VA 23235

Eckerd Pharmacy ----- 748-2151
4408 West Hundred Road, Chester, VA 23831
www.Eckerd.com

GE Health Care Technologies ----- 800-558-5120
8200 West Tower Avenue, Milwaukee, Wisconsin 53223
www.gemedicalsystems.com

Goodwill Industries, Inc.----- 745-6300
6301 Midlothian Turnpike, Richmond, VA 23225----- 521-4916
www.goodwillcva.org

Health First----- 796-3029
2205 Perl Road, Richmond, VA 23230
www.healthfirstmed.com

Home Care Delivered, Inc. (Incontinence Products) ----- 800-565-5644
4144A Innslake Drive, Glen Allen, VA 23060

www.homecaredelivered.com

Lincare Inc.-----355-2323

4912 West Marshall Street, Richmond, VA 23230

www.lincare.com

Mobility Center-----231-7774

255 East German School Road, Richmond, VA. 23224

Robert's Home Medical Company-----800-752-7317

340 M Hill Carter Parkway, Ashland, VA 23005

Therapeutic Concepts -----434-577-2780

P. O. Box 60, Valentine, VA 23887

Virginia Assistive Technology System (VATS) ----- TTY 804-662-9990

Dept. Rehabilitative Services -----800-435-8490

8004 Franklin Farms Drive, Richmond, VA 23229 -----800-552-5019

www.vats/vats.org

MEDICARE AND MEDICAID

Applications are required and may take up to 45 days for approval. Definite criteria must be met before approval.

Centers for Medicare & Medicaid Services-----800-633-4227

www.cms.gov

Chesterfield-Colonial Heights Dept. of Social Services-----748-1100

9501 Lucy Corr Circle, P. O. Box 430, Chesterfield, VA 23832

Social Security Office-----800-772-1213

www.ssa.gov

Social Security Administration for Chesterfield-----744-0227

13551 Waterford Place, Midlothian, VA 23112

Social Security District Office ----- 771-8125
718 East Franklin Street, Richmond, VA 23219

MENTAL HEALTH SERVICES

These agencies provide services to individuals who are experiencing mental health problems, and support services for their families. All require a fee for services. May accept insurance, Medicare or Medicaid payments.

Chapman Senior Care----- 741-7500
1403 Pemberton Road, Suite 306, Richmond, VA 23233

Chesterfield Mental Health Support Services ----- 748-1227
6801 Lucy Corr Boulevard, Chesterfield, VA 23832

C J W Medical Center, Chippenham Campus
Tucker Pavilion----- 323-8846
7101 Jahnke Road, Richmond, VA 23225----- 320-3911
www.cjwmedical.com

Crisis Intervention Team ----- 748-6356
24 hours

Life Solutions----- 794-9599
1233 Mall Drive, Richmond, VA 23235

MCV Hospital-North Hospital ----- 828-9000
MCV Psychiatric-N3 ----- 828-9157
1200 East Broad Street, Richmond, VA 23298

Poplar Springs Hospital----- 748-7490
350 Poplar Drive, Petersburg, VA 23805
www.poplarsprings.com/adolesc.html

Richmond Community Hospital ----- 225-1700
1500 North 28th Street, Richmond, VA 23223
www.bonsecours.com

NURSING HOMES

These are licensed facilities that provide basic needs including assistance with personal care and nursing supervision. A screening process is required. Stays may be short term for rehab services or long term for life support services.

Brandermill Woods Health Care Center----- 379-7100

2100 Brandermill Parkway, Midlothian, VA 23112

www.brandermillwoods.com

Colonial Heights Health Care Center----- 526-6851

831 East Ellerslie Avenue, Colonial Heights, VA 23834

Hopewell Health Care Center ----- 458-6325

905 Cousins Avenue, Hopewell, VA 23860

John Randolph Nursing Home ----- 452-3600

P. O. Box 1626, 409 West Randolph Road, Hopewell, VA 23860

<http://johnrandolphmed.com>

Lucy Corr Village ----- 748-1511

6800 Lucy Corr Boulevard, P. O. Drawer 170, Chesterfield, VA 23832

www.lucycorrvillage.com

The Laurels of Willow Creek ----- 379-4771

11611 Robious Road, Midlothian, VA 23113

www.laurelsofwillowcreek.com

See Nursing Homes in the Yellow Pages

PERSONAL EMERGENCY RESPONSE

These agencies provide personal emergency response systems.

Alternate Solutions LLC, dba Home Helpers-----748-9384

ATD ----- 877-828-1433

Bon Secours Personal Response System----- 627-5015

IVNA Health Watch ----- 355-7100

Life Alarm ----- 800-780-5433

Nightingale Lifeline ----- 800-626-3311

PHARMACY/DELIVERY

All of these listed pharmacies provide delivery services. Check for one near you. Some have limited delivery areas. Check if there is a fee for delivery or if they have a Senior Discount for prescription medications.

AARP Pharmacy Service----- (Mail In Only)-----800-456-2277
P. O. Box 1087, Bensalem, PA 19020-9956
www.aarppspharmacy.com

Bremo Pharmacy ----- 285-7823
2002 Staples Mill Road, Richmond, VA 23230-3109
www.bremorx.com

Buford Road Pharmacy, Inc ----- 272-1423
2612 Buford Road, Richmond, VA 23235-2608
(Deliver from Bon Air out to Midlothian Turnpike; some areas excluded)

Center Pharmacy----- 737-6049
3 West Nine Mile Road, Highland Springs, VA 23045
centerpharmacy@cabtel.net

Chippenham Medical Center Pharmacy ----- 323-8888
7101 Jahnke Road, Richmond, VA 23225
www.cjwmedical.com

Colonial Westberry Pharmacy ----- 746-7997
7501 Mechanicsville Turnpike, Mechanicsville, VA 23111

Eckerd

- 847 West Washington Street, Petersburg, VA 23803-----732-8802

- 2382 Woodpecker Road, Ettrick, VA 23803-----520-0224
- 4408 West Hundred Road, Chester, VA 23831-----748-2284
- 1104 Courthouse Road, Richmond, VA 23236-----378-1877

www.eckerd.com

Grove Avenue Pharmacy ----- 355-3405
4911 Grove Avenue, Richmond, VA 23226

Lafayette Pharmacy, Inc. ----- 355-1777
1011 Lafayette Street, Richmond, VA 23221

McGuire Park Pharmacy, Inc. ----- 232-5644
3729 East Broad Rock Road, Richmond, VA 23224

Midlothian Apothecary ----- 794-5592
13502 Midlothian Turnpike, Midlothian, VA 23113
www.midloapothecary.com

Professional Pharmacy ----- 783-6020
505 West Leigh Street, Richmond, VA 23220

Professional Pharmacy South, Inc. ----- 231-9422
101 Cowardin Avenue, Richmond, VA 23224

Sandston Pharmacy ----- 737-2270
2 West Williamsburg Road, Sandston, VA 23150-2013

Ukrop's Pharmacy at Joe's Market ----- 285-8618
400 Libbie Avenue, Richmond, VA 23226-2616
www.ukrops.com

Westbury Pharmacy ----- 285-3428
8901 Three Chopt, Richmond, VA 23229

Westwood Pharmacy ----- 288-1933
5823 Patterson Avenue, Richmond, VA 23226

PHYSICIAN HOUSE CALLS

Chesterfield Family Practice----- 276-9305
2500 Pocoshock Place, Richmond, VA 23235
Dr. Elias Demoz-----264-0494
8736 Landmark Drive, Richmond, VA 23228

PHYSICIAN REFERRAL SERVICE

These programs provide information regarding doctors and the specialty needed.

Bon Secours Richmond Call for Health ----- 359-9355

Chippenham & Johnston-Willis Medical Center-----320-3911
www.cjwmedical.com

HCA Physician Referral (320-DOCS) ----- 320-3627
Tollfree ----- 800-888-3627

Medical College of Virginia Associated Physicians ----- 800-762-6161
www.mcv.org

Referral Service Outside of Richmond ----- 800-888-3627
(Doctors referred are only Richmond Doctors)

Richmond Academy of Medicine ----- 643-6631
www.ramdocs.org

Virginia Physician Referral Service

See your Yellow Pages for a complete listing.

PRESCRIPTION ASSISTANCE

These organizations may be able to provide assistance and/or discounts for prescribed medications.

Medicare Prescription Drug Benefit ----- 800-633-4227
www.medicare.gov

Senior Connections, The Capital Area Agency On Aging----- 343-3000

24 East Cary Street, Richmond, VA 23219 ----- 800-989-2286
www.seniorconnections-va.org

RESPIRE OR TEMPORARY CARE

Respite programs offer you a short break from caregiving duties. The goal is to provide you, the caregiver, a break from your daily routine of caring for a loved one. Some assisted living facilities may offer respite care. Adult day care centers provide respite care. Refer to the adult day care section.

Alternate Solutions LLC, dba Home Helpers-----748-9384
12750 Jefferson Davis Highway, PMB 223, Chester, VA 23831
www.alternatesolutionsva.com

Brandermill Woods Health Care Center -----379-7100
2100 Brandermill Parkway, Midlothian, VA 23112
www.brandermillwoods.com

Catholic Charities-----285-5900
1512 Willow Lawn Drive, Richmond, VA 23230
www.cccofvirginia.org

Chesterfield-Colonial Heights Department of Social Services ----- 748-1100
P. O. Box 430, 9501 Lucy Corr Circle, Chesterfield, VA 23832

Family Lifeline-----282-4255
1518 Willow Lawn Drive, Richmond, VA 23220
www.family-lifeline.org

Ginter Hall South -----794-7770
11300 Mall Court, Richmond, VA 23235

Jewish Family Services-----282-5644
6718 Patterson Avenue, Richmond, VA 23226
www.jfsrichmond.org

Medicaid Approved Respite Care Providers -----748-1975
Preventive and Occupational Health Team

Chesterfield Health Department

Senior Connections, The Capital Area Agency On Aging ---- 343-3000

24 East Cary Street, Richmond, VA 23219----- 800-989-2286

www.seniorconnections-va.org

Southerland Place-----897-8884

14016 Turnberry Lane, Midlothian, VA 23113

www.southerlandplace-va.com

The Courtyard at Lucy Corr Village-----748-1511

6800 Lucy Corr Boulevard, P. O. Drawer 170, Chesterfield, VA 23832

www.lucycorrvillage.com

SENIOR CENTERS

These centers provide activities for individuals who want to get out and be active, but prefer a "club" setting. Services vary with each program, as do the times the programs are offered. Services may include meals, social activities, and information or referral services. Some groups sponsor trips, card games, dances or other social activities.

Bensley Community Building Senior Adult Program ----- 275-5321

2900 Drewrys Bluff Road, Richmond, VA 23237 ----- 275-5979

www.chesterfield.gov

Ettrick Community Building Senior Adult Program ----- 526-5596

20400 Laurel Road, Ettrick, VA 23803

www.chesterfield.gov

Ettrick Friendship Café----- 343-3029

20400 Laurel Road, Ettrick, VA 23803

New Covenant Presbyterian Church - Friendship Cafe ----- 271-9416

6415 Irongate Drive, Richmond, VA 23234

The Shepherd's Center of Chesterfield-----706-6689

Chester Presbyterian Church, 3424 West Hundred Road, Chester, VA 23831

www.shepctrchesterfield.org

YMCA

Chester ----- 748-9622
Manchester ----- 276-9622
Midlothian ----- 379-5668

SENIOR GROUPS

These groups provide activities for individuals who want to get out and be active, but prefer a "club" setting. Services vary with each program, as do the times the programs are offered. Services may include meals, social activities, and information or referral services. Some groups sponsor trips, card games, dances or other social activities.

Bethany Place Seniors ----- 276-3993
1501 South Providence Road, Richmond, VA 23236

Beulah's Best - Beulah United Methodist Church ----- 275-2325
6930 Hopkins Road, Richmond, VA 23234
www.beulahumc@erols.com

Golden Age Fellowship - Cloverhill Baptist Church ----- 745-0660
3100 Courthouse Road, Richmond, VA 23236
www.cloverhillbaptist.com

Golden Age Ministry - Spring Creek Baptist Church ----- 744-3689
11900 Genito Road, Midlothian, VA 23112

Grace Lutheran Church Seniors Group ----- 748-6058
13028 Harrowgate Road, Chester, VA 23831

Happy Woodpecker ----- 590-1303
7401 Woodpecker Road, Chesterfield, VA 23838

Leisure Group - Reville United Methodist Church ----- 359-6041
4200 Cary Street Road, Richmond, VA 23221

**Mature Moderns - Ramsey Memorial
United Methodist Church** ----- 276-4628
5900 Hull Street Road, Richmond, VA 23224
www.ramseymemorial@ramseymemorial.org

Midlothian Sr. Center - Mt. Pisgah United Methodist Church -- 794-5529
P. O. Box 97, 23111 Mt. Pisgah Drive, Midlothian, VA 23113

Prime-Timers - St. Edwards Church----- 272-3130
8531 Sunview Lane, Richmond, VA 23235

Prime-Timers - Southside Church of the Nazarene----- 778-7800
6851 Courthouse Road, Chesterfield, VA 23832
www.southsidenazarene.org

Providence Retired Club----- 276-4289
901 South Providence Road, Richmond, VA 23236
www.providenceumc-richmond.org

Road Runners - Second Branch Baptist Church ----- 739-3460
12217 Second Branch Road, Chesterfield, VA 23832

Roving Retirees - St. Augustine's Church
4400 Beulah Road, Richmond, VA 23234

St. Mathias Episcopal Church----- 272-8588
11300 West Huguenot Road, Richmond, VA 23235

Salisbury Presbyterian Church ----- 794-5311
13621 Salisbury Road, Midlothian, VA 23113
Retired Men's Service, Senior Choir, Leisure Group
www.salisburypc.org

Senior Saints - Clover Hill Baptist Church ----- 745-0660
3100 Courthouse Road, Richmond, VA 23236

Senior Sunshine Group - Matoaca Baptist Church ----- 590-2949
6409 River Road, Matoaca, VA 23803

Triple "L" Group – Huguenot Road Baptist Church----- 272-2072

10525 West Huguenot Road, Richmond, VA 23235

Young at Heart – New Life Outreach International Church-----276-6767
1005 Turner Road, Richmond, VA 23224

SENIORNAVIGATOR CENTERS

SeniorNavigator is a free, non-profit, public service that connects seniors and caregivers with local services available in the community. The website, www.seniornavigator.org, features over 19,000 programs and services that address health and aging issues, financial concerns, legal questions, caregiver support, housing and assisted living facilities, and more.

SeniorNavigator ----- 827-1280
600 E. Main Street, Suite 360, Richmond, VA 23219
www.SeniorNavigator.org

SOCIAL SECURITY

Find answers to any questions regarding eligibility and benefits for Medicare and Social Security.

Social Security Office ----- 800-772-1213
www.socialsecurity.gov

Chesterfield Office ----- 744-3457
13551 Waterford Place, Midlothian, VA 23112
www.ssa.gov

Petersburg Office-----862-6080
100 Poplar Drive, Petersburg, VA 23805

Social Security District Office ----- 771-8125
718 East Franklin Street, Richmond, VA 23219

SUPPORT GROUPS

These groups provide opportunities to receive information regarding specific health concerns. Some provide emotional support through counseling and general discussion.

AA (Alcoholics Anonymous) ----- 644-2095
210 North Madison Street, Richmond, VA 23208

Alliance of the Mentally Ill of Central Virginia ----- 285-1749
5001 West Broad Street, Richmond, VA

Alzheimer's Association Greater Richmond Chapter ----- 967-2580
4600 Cox Road, Suite 130, Glen Allen, VA 23060 ----- 800-272-3900
www.richmondalzheimers.org

Alzheimer's Association, Petersburg Branch ----- 518-1293
P. O. Box 1808, Petersburg, VA 23803

American Cancer Society ----- 527-3710
4240 Park Place Court, Glen Allen, VA 23060 ----- 800-227-2345
www.cancer.org

American Diabetes Association ----- 225-8038
530 East Main Street, Suite 200, Richmond, VA 23219 ----- 800-342-2383
www.diabetes.org

Compassionate Friends ----- 254-0588
Depression Support Group - Tucker's Pavilion ----- 323-8695
7101 Jahnke Road, Richmond, VA 23225

Greater Richmond Self Help For Hard Of Hearing People ----- 740-8470
(GRSHHH) 1911 Oakway Drive, Richmond, VA 23238
www.hearingloss.org or grshhh@aol.com

Healing Hearts (Widow(ers) Support Group) – Huguenot Road Baptist Church ----- 272-2072
10525 West Huguenot Road, Richmond, VA 23235

Lucy Corr Village Health Care Center - Alzheimer's Support Group ----- 748-1511

6800 Lucy Corr Blvd., P. O. Drawer 170, Chesterfield, VA 23832

The Lung Club - Virginia Lung Association ----- 267-1900
9221 Forest Hill Avenue, Richmond, VA 23235
www.lungusa.org

Lupus Foundation of America----- 262-9622
2112 West Laburnum Avenue, Suite 204
Richmond, VA 23227-----888-262-9632

Multiple Sclerosis Society----- 353-5008
www.nmss.org ----- 800-FIGHT-MS

Parkinson's Disease Support Group ----- 355-5717
Circle Center Adult Day Services
3900 West Broad Street, Building 20, Richmond, VA 23230
www.circlecenteradultday.org

The Stroke Club ----- 342-4100
Richmond Stroke and Heart Trauma Club - Sheltering Arms Hospital
8254 Atlee Road, Mechanicsville, VA 23116
www.shelteringarms.com

Virginia Mid-Atlantic Chapter Paralyzed Veterans of America - 378-0017
11620 Busy Street, Richmond, VA 23236 ----- 800-852-7639
vapvs@aol.com

Well Spouse Foundation-----800-838-0879
www.wellspouse.org

YWCA Women's Victim Advocacy ----- 643-0888
6 North 5th Street, Richmond, VA 23219

YWCA Women's Victim Advocacy - Chesterfield ----- 796-3066
www.ywcarichmond.org

TAX ASSISTANCE

These programs help you complete your taxes and provide you information regarding your tax return.

AARP ----- 800-227-7669

Real Estate Tax Relief (Chesterfield County) ----- 748-1281

Commissioner of Revenue

P. O. Box 124, Chesterfield, VA 23832

www.chesterfield.gov/comrev

TOLL FREE NUMBERS

This is a list of toll free numbers that may be beneficial to senior or disabled adults.

General Telephone Information----- 800-555-1212

AARP ----- 800-424-3410

American Council of the Blind ----- 800-424-8666

American Speech Language Hearing Association----- 800-638-8255

Arthritis Foundation – Virginia Chapter ----- 800-456-4687

Cancer Hotline----- 800-422-6237

Cancer Information Service----- 800-422-6237

Child Abuse Hotline ----- 800-422-4453

Department for Deaf and Hard of Hearing----- 800-552-7917

**Department for the Rights of Virginians
with Disabilities Protection & Advocacy ----- 800-552-3962**

Elder Abuse----- 800-552-3402

Eldercare Locator-----800-677-1116

Equal Employment Opportunity Reference	800-533-1414
General Electric Medical Systems	800-472-3666
Greater Richmond Physician Referral Service	800-888-3627
Internal Revenue Service	800-829-1040
Legal Aid Society, Inc.	800-868-1012
Library Resources- Visually Handicapped	800-552-7015
Long Term Care Ombudsman Program	800-552-3402
Sickle Cell Disease	800-421-8453
Social Security	800-772-1213
Social Services Child Abuse	800-552-7096
Virginia Dept. of Rehab. Services	800-552-5019
Virginia Lawyer Referral	800-552-7977

TRANSPORTATION

These programs provide transportation to individuals who cannot use public transportation or need special assistance. Fees may be charged. Check with the provider and your insurance carrier for details. Some utilize volunteer organizations that gladly accept contributions.

Access Chesterfield -----279-8489
7325 Whitepine Road, Richmond, VA 23237

American Cancer Society ----- 888-227-6333
For cancer patients, to and from treatment and medical appointments.

American Red Cross-----780-2298
420 East Cary Street, Richmond, VA 23219 *Requires two week notice*
www.redcross.org

Hampton Transportation Services -----639-9994
Wheelchair equipped, two to three days notice.

Metro-Carriage Transit-----276-5876
Currently not wheelchair accessible, 24 hour notice 647-3906

SmartRide -----222-6824
Not wheelchair accessible, same day or one day notice.

The Shepherd's Center of Chesterfield-----706-6689
Chester Presbyterian Church, 3424 West Hundred Road, Chester, VA 23831
Not wheelchair accessible, four days notice.
www.shepctrchesterfield.org

The Shepherd's Center of Richmond-----355-7282
Not wheelchair accessible, one-week notice.

Van Go, Inc. of Richmond-----voice-----TDD: 261-7388
5805 School Avenue, Richmond, VA 23228
Wheelchair equipped, 24-hour notice.

VIP & Associates -----421-2500
Wheelchair equipped, one to two days notice.

VETERANS

These organizations provide services to military veterans.

McGuire's Hospital "The VA Hospital"
Hunter Holmes McGuire Dept. of Veterans Affairs Medical Center-675-5000
1201 Broad Rock Road, Richmond, VA

AmVets -----231-7150

Veterans Affairs Department of Benefits & Claims ----- 800-827-1000

Veterans Affairs Department of Education Benefits----- 888-442-4551

Veterans Cemeteries----- 795-2031

Virginia Department of Veterans Affairs ----- 786-2261

900 East Main Street, Richmond, VA 23219

VISION SERVICES

These programs offer special services or devices to aid the visually impaired.

American Council for the Blind in Washington DC ----- 800-424-8666

Chesterfield-Colonial Heights Department of Social Services ---- 748-1100

9501 Lucy Corr Circle, P. O. Box 430, Chesterfield, VA 23832

www.chesterfield.gov/humanservices/socialservices/default.asp

Homebound Reader Service – Chesterfield County Library ----- 748-1768

9501 Lori Road, Chesterfield, VA 23832

Medical College of Virginia MCV Station ----- 828-0428

Nelson Clinic, 401 North 11th Street, 4th Floor

P. O. Box 980438, Richmond, VA 23298

www.vcuhealth.org

National Eye Care Project----- 800-222-3937

www.eyecareamerica.org

The Lions Club (Call Chesterfield Social Services) ----- 748-1100

www.lionsclubs.org

The Virginia Voice ----- 266-2477

395 Azalea Avenue, P. O. Box 15546, Richmond, VA 23227

Virginia Department for the Blind & Vision Impaired ----- 371-3140

397 Azalea Avenue, Richmond, VA 23227
www.vdbvi.org

All Chesterfield County Libraries have resources for the disabled.

VOLUNTEER OPPORTUNITIES

Programs offering opportunities for volunteer service. Opportunities range from driving to answering phones.

AARP ----- 888-687-2277

American Red Cross----- 780-2250
420 East Cary Street, Richmond, VA 23261
www.redcross.org/va/richmond

Brandermill Woods Retirement Community-----379-7100
2100 Brandermill Parkway, Midlothian, VA 23112
www.brandermillwoods.com

Chesterfield County Parks & Recreation Department----- 748-1623
6801 Mimms Loop, P. O. Box 40, Chesterfield, VA 23832---- TDD 748-1127

Chesterfield-Colonial Heights Dept. of Social Services----- 748-1100
9501 Lucy Corr Circle, P. O. Box 430, Chesterfield, VA 23832
www.chesterfield.gov

Chesterfield County Volunteer Coordinator ----- 751-4142

Crater District Area Agency on Aging----- 732-7020
23 Seyler Drive, Petersburg, VA 23805
www.CDAAA.org

CJW Medical Center

Chippenham Campus, Volunteer Services ----- 323-8882
7101 Jahnke Road, Richmond, VA 23225
www.cjwmedical.com

Johnston-Willis Campus, Director of Volunteers ----- 330-2081

1401 Johnston Willis Drive, Richmond, VA 23235

Lucy Corr Village ----- 748-1511

6800 Lucy Corr Blvd., P. O. Drawer 170, Chesterfield, VA 23832

www.lucycorrville.com

Meals on Wheels of Greater Richmond ----- 673-5035

1600 Willow Lawn Drive, Richmond, VA 23230

www.mowdelivers.com

Pocahontas State Park ----- 796-4255

10301 State Park Road, Chesterfield, VA 23832

Retired and Senior Volunteer Program (RSVP)----- 343-3000

24 East Cary Street, Richmond, VA 23219

www.seniorconnections-va.org/

Retired Senior Volunteer Program (RSVP) Petersburg ----- 861-1767

23 Seyler Drive, Petersburg, VA 23805

www.cdaaa.org

Senior Connections, The Capital Area Agency on Aging----- 343-3000

24 East Cary Street, Richmond, VA 23219-----800-989-2286

www.seniorconnections-va.org

St. Francis Medical Center-----594-7806

13710 St. Francis Boulevard, Midlothian, VA 23114

The Shepherd's Center of Chesterfield----- 706-6689

Chester Presbyterian Church, 3424 West Hundred Road, Chester, VA 23831

www.shepctrchesterfield.org

Virginia Voice-----266-1471

Note: For more volunteer opportunities, contact local hospitals, hospices, assisted living facilities, nursing homes and support groups.

VOTER REGISTRATION

It is everyone's right and privilege to vote. Contact the registrar's office to learn how to cast a proxy vote if unable to go to the voting sites.

General Registrar's Office ----- 748-1471

WEBSITES

These are additional websites that may not have been previously listed in this directory.

AARP ----- www.aarp.org

Administration on Aging ----- www.aoa.gov

Aging Well ----- <http://agingwell.state.ny.us/eatwell/index.htm>

Centers for Disease Control & Prevention ----- www.cdc.gov

Centers for Medicare and Medicaid Services ----- www.cms.gov

Chesterfield County Government ----- www.chesterfield.gov

Consumer Information ----- www.ftc.gov/ftc/consumer.htm

Diabetic Shoe Website ----- www.neckcradle.com

Eldernet ----- www.eldernet.com

Families USA ----- www.familiesusa.org

Food Safety ----- www.foodsafety.gov/-fsg/sr2/html

Medicare ----- www.medicare.gov

Medications ----- www.nlm.nih.gov/medlineplus/druginformation.html

National Council on Aging ----- www.ncoa.org

National Health Information ----- www.healthfinder.gov

National Institutes of Health ----- www.nihseniorhealth.gov

Senior Citizens ----- www.seniorcitizens.com/scams

Senior Connections, The Capital Area Agency on Aging-----
www.seniorconnections-va.org

SeniorNavigator ----- www.seniornavigator.org

Social Security Administration ----- www.socialsecurity.gov

U.S. Government ----- www.firstgov.gov

Virginia Center on Aging----- www.vcu.edu/vcoa/

Virginia Department for the Aging----- www.aging.state.va.us

Virginia TRIAD ----- www.vaag.com/protecting/TRIAD

Prepared by:

Chesterfield Council on Aging

Directory Committee

***Susan Cantrell
Southerland Place***

~~~~~

***Debbie Leidheiser  
Brandermill Woods Retirement Community***

~~~~~  
Diane Peterson
Chesterfield County Senior Advocate

~~~~~  
***Ngozi Ukeje***  
***Disability Services Board, Chesterfield***

***Special Thanks To:***  
***CJW Medical Center, Bradford S. Hammer,***  
***Deputy County Administrator for Human***  
***Services, Members of the Chesterfield Council***  
***on Aging.***

## **EMERGENCY NUMBERS**

**Fire-----911**

**Police -----911**

**Medical – All Rescue Squads -----911**

## **NON - EMERGENCY NUMBERS**

**Fire-----748-1431**  
**Police -----748-1251**

## **RESCUE SQUADS**

**Bensley -----748-6122**  
**Ettrick/Matoaca-----590-2104**  
**Forest View-----232-8971**  
**Manchester-----276-4244**